

Belmont House Activity Sheet – Evergreen

‘We Make A Living By What We Get. We Make A Life By What We Give’ – Winston Churchill

MONDAY FEBRUARY 24TH	EVERGREEN
Songs and Stories with Brian	11.30 – 12.15
Extend with Harry	10.15 – 11.00
Mass with Fr. Anthony	2.00 – 2.30
Keyboard with Sr. Marion	2.30 – 3.30
Passive Exercise	6.00 – 7.00
Ball Games! With Harry and Aine	6.30 – 7.30
TUESDAY FEBRUARY 25TH Happy Pancakes Tuesday!	EVERGREEN
Hairdressing with Marie	9.30
Circle Games and Social with Harry	10.00 – 10.45
Sonos with Harry and Aine	11.45 – 11.45
Flower Arranging with Tracey Gevers	11.45 – 12.15
Music with Mikey Smyth	2.00 – 3.00
Holy Communion with Fr. Michel	3.45
Passive Exercise	5.30 – 6.30
Games Night with Harry and Aine	6.15 – 7.15
WEDNESDAY FEBRUARY 26TH	EVERGREEN
Hairdressing with Marie	9.30
Extend with Harry	10.15 – 11.00
Entertainment with Elizabeth	11.30 – 12.15
Tea Party with Aisling on the Harp	2.00 – 3.00
Holy Communion with Fr. Michel	2.30
Getting Crafty! With Elizabeth	3.00 – 4.30
Sensory Happy Hour with Harry and Elizabeth	6.30 – 7.30
Evening Aromatherapy Hour *New*	7.30 – 8.30
THURSDAY FEBRUARY 27TH	EVERGREEN
Ball Games with Aine	11.00 – 12.00
Geting Fruity! *New*	2.00 – 3.00
Music with Annaliesa Evans	3.00 – 4.00
Evening Hand Massage	5.30 – 6.30
FRIDAY FEBRUARY 28TH	EVERGREEN
Hairdressing with Jennifer	9.30
Entertainment with Joyce	10.30 – 11.30
Bowling with Aine	11.30 – 12.15
Music with Mikey Smyth	3.00 – 4.00
Holy Communion with Michel	3.30
Pub Night with Kevin McNamara!	6.30 – 7.30
SATURDAY FEBRUARY 29TH	EVERGREEN
Hairdressing with Tracy	9.30
Art Workshop with Tracey Gevers	10.00 – 11.00
Mass with Fr. Michel	2.30 – 3.00
Music and Opera with Mark	3.00 – 4.00
Have a Manicure!	5.30 – 6.30
Music with Annaliesa Evans	6.30 – 7.30
SUNDAY FEBRUARY 30TH	EVERGREEN
Jazz Session with Marta and Michelle	11.00 – 11.30
Colouring-In to Soothing Sounds	2.00 – 3.00
Holy Communion with Fr. Michel	3.45
Music with Jack Morrissey	3.00 – 4.00
Aisling on the Harp	6.15 – 7.00