

Belmont House Activity Sheet - Main House

Rosary Led by The Resident's 10.30am Every Morning in the Library

'We Make A Living By What We Get. We Make A Life By What We Give' – Winston Churchill

MONDAY FEBRUARY 24TH	MAIN HOUSE	MAPLE
Songs and Stories with Brian	10.45 – 11.30	10.15 – 10.45
Extend with Harry	11.30 – 12.15	11.00 – 11.30
History of Shrove Tuesday & Ash Wednesday With Elizabeth	2.00 – 3.00	
Choir! With Elizabeth	3.00 – 3.30	
Quiz and a Prize with Elizabeth	3.30 – 4.15	
Men's Club with Harry *5 th Floor Sitting Room*	5.00 – 6.30	
Monday Movie: Runaway Bride	5.30	
TUESDAY FEBRUARY 25TH Happy Pancake Tuesday!	MAIN HOUSE	MAPLE
Hairdressing with Marie		9.30
Flower Arranging! With Tracey	10.45 – 11.45	
Exercise Class with Subash	12.00 – 12.30	
Poetry: Young Poets With Joyce	2.00 – 3.00	
Mass with Fr. Anthony	3.00 – 3.30	3.45 H Comm
Clodagh on Violin with Jessie from PEATA	3.30 – 4.00	
Games Night with Harry and Aine	5.15 – 6.15	
WEDNESDAY FEBRUARY 26TH	MAIN HOUSE	MAPLE
Hairdressing with Marie		9.30
Entertainment with Elizabeth	10.45 – 11.30	10.15 – 10.45
Extend with Harry	11.30 – 12.15	11.00 – 11.30
History: The Flying Scotsman with Harry	1.30 – 2.00	
Nature: Sea Birds with Harry	2.00 – 3.00	
Knitting Club with Elizabeth *5 th Floor Sitting Room*	2.00 – 3.00	
Mass with Fr. Michel	3.00 – 3.30	3.45 H Comm
Tea Party with Aisling on the Harp	3.30 – 4.00	
Happy Hour: Childhood Revisited! With Harry and Elizabeth	5.30	
THURSDAY FEBRUARY 27TH	MAIN HOUSE	MAPLE
Book Club: Stories of Bravery With Joyce	11.00 – 12.00	
Exercise Class with Subash	12.00 – 12.30	
Music with Pat the Banjo Man	1.30 – 2.30	
Social Therapeutic Horticulture Programme with Joyce	-	1.30 – 2.30
Virtual Tour: Mount Everest with Joyce	2.30 – 3.30	
Indoor Gardening: Seedlings with Joyce	3.30 – 4.30	
John Dooley on Guitar	5.30 – 6.30	
Movie: Downton Abbey Episode 3	6.30	
FRIDAY FEBRUARY 28TH	MAIN HOUSE	MAPLE
Hairdressing with Jennifer		9.30
Bowling with Aine	10.45 – 11.30	10.15 – 10.45
Entertainment with Joyce	11.30 – 12.30	
Music with Mikey Smyth!	2.00 – 3.00	
Mass with Fr. Michel	3.00 - 3.30	3.45 H Comm
Friday Night with Kevin McNamara!	5.30 – 6.30	
SATURDAY FEBRUARY 29TH	MAIN HOUSE	MAPLE
Hairdressing with Tracy		9.30
Art Workshop with Tracey	11.00 - 12.30	
Music and Opera with Mark!	2.00 – 3.00	
Holy Communion with Fr. Michel	3.00	3.15 H Comm
Music with Annaliesa Evans	5.30 – 6.30	
SUNDAY FEBRUARY 30TH	MAIN HOUSE	MAPLE
Jazz Session with Marta and Michael	11.40 – 12.30	
Music with Jack Morrissey	2.00 – 3.00	
Mass and Hymns with Fr. Michel	3.00 – 3.30	3.45 H Comm
Aisling on the Harp	5.30 – 6.15	